



Lent

Season of Renewal

Christ Episcopal Church

***Ignatian Spirituality teaches us that Lent is not just about giving things up but about asking ourselves
'What does my soul need?' 'What about my life makes God happy?'
'What can I do to open myself up to the graces of this Lenten season?'***

***Please come and join us for one or many of our Lenten offerings as we open up our hearts, minds, and
souls to the mystery of God's Will to prepare for the glory of the Easter moment.***

- † Ash Wednesday Liturgy with Imposition of Ashes,
February 22, at Noon and 7:00 pm**
- † Centering Prayer Tuesday, Wednesday, and Friday at 8:00 am
on-line at <http://bit.ly/3Xrpvej>**
- † Souper Bowl Fridays at 6:00 pm in All Saints Hall followed by Compline in
the Church beginning February 24**
- † Stations of the Cross Wednesdays at Noon beginning March 1**

Online Meditations

- † Saturday Sits at 7:00 am
<https://bit.ly/3C4qUgl> Meeting ID: 914 5158 7373, Passcode: 828352**
- † Tuesday/Thursday Sits at Noon
<http://bit.ly/3Hw8DhL> Meeting ID: 898 7373 9218, Passcode: 973618**

**For more information:
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